



norden

Kulturkontakt Nord



## INFOPACK

---

### " DEEP YOUTH INVOLVEMENT-SOCIAL PARTNERSHIP FOR DEVELOPMENT"

**07 - 12 / 8/ 2022 - Helsinki Finland**

Dear participants as the days draw closer there are some few more important things to be informed about the training course in Helsinki Finland. These includes your traveling and general information.

## Arrival:

---

- We have your itinerary and we will do our best to help you get to accommodation place without any problems.
- Make sure you have with you six euro seventy cents (6,70) when you arrive the airport for local transportation.
- Take a copy of the invitation letter with you when you are traveling as a way to avoid problems in the border services especially for non EU citizens.
- Check all the details of your flight tickets to make sure you are on time at the airport.

## Reaching the hostel further:

---

Although we have some volunteers to pick some of you up from the airport we will appreciate if you could kindly read this direction carefully on how to arrive at the hostel from the air port. This is very important given that we have a very large group coming we might not be able to pick everybody.

Helsinki is not a very big and complicated city as compare to others. The transportation system is well plan. From the air port, there are two possibilities to arrive at the central railway station where we all shall assemble and leave together to the hotel. There are two possibilities to reach the central railway station from the air port

You could either come by train or by bus. The bus stop is just in front of you as you exit from the airport terminal. It brings you straight to the central rail way station and it cost 5euro from there just walk into the railway station. But if you prefer to come by train from the airport you just have to take the elevator down to the soft way. Please remember to take the train toward **Tikkurilla** direction is much shorter to the central railway station and comes straight to the central rail station. The train is little more cheaper comparable to the bus. The bus will take about some 25 to 30 minute to the central railway station while the train takes about 15 - 20 minute. I will recommend you ask for any more information should you have any doubts please kindly do not hesitate to call me for any further information by this number **+358(0)465464096** **i shall be waiting and expecting your calls at any time until we received the very last person.**

## Phone:

---

It is important that you change the protocols of your mobile telephones for correct functioning during your stay in Helsinki Finland. You can ask for roaming service in your country before travel. In case you have Viber,whatsapp or any other social network it will not be a problem for you to use in the hotel because we will have access to WiFi.

## At the central railway station.

---

When you arrive at the central railway station we shall be there to pick you up. Our waiting point in site the central railways station is very close to each other sharing the some building with the name **Burger king** and **Forex**. The burger King is very spacious with many seats. While Forex is just having some few benches and usually always full with people but we sort ourselves out with no worries.

## About the first day 07/08

---

Dear participants ,Please kindly be informed that the first day will be a bit challenging resulting from the different hours of arrival in to Helsinki. So that reason we shall expect a sound understanding to be exercise by all. But after we all move to the hostel, We all shall sort out ourselves and from there all will be smooth and enjoyable .

## The hostel and facilities

The hostel is located at the center of the city and easily to locate with WiFi gym, sauna to name just these. All these facilities are free for us.

[www.cheapsleep.fi](http://www.cheapsleep.fi)

---

Even though we have a programmed, participants will be taken along. We shall inform everyone from the first day of your arrival and at the end of every day we all shall be briefed of the activities for the next day for collective comprehension.

## Weather condition:

---

Even though the weather is still warmer we recommend you come along with warm clothes for the weather is a little bit tricky some time .

## Accommodation:

---

- Fully guaranteed by the organizers and with internet access.
- We will stay in rooms with 2 or 4 person per room, but not on the same bed.
- You may not need, but it's good if you bring your own towels and some personal stuff ( for example Shampoo, perfume, slippers....)

## Foods:

---

- Food is fully guaranteed by the host organization.
- Also if you have any dietary requirement ( such as not eating pork or vegetarian) please let us know in advance to make your stay as comfortable as possible through this email [info@acsfinland.com](mailto:info@acsfinland.com) Anyone that need specific foods please let the organizers know until the **03. 08. 2022**

## Currency :

---

- The currency in Finland is euro
- Normally things in Finland are not very cheap if comparable to other European countries.
- There are machines in the lobby where we can buy water , coffee, Chocolate, cookies, juices .....

## What you may want to bring with you!

---

- Bring your organizational information to share with others, Like books, brochures, petty paper ,Newsletter, flyer. It will be good to network with other organization or individual and expand your network.
- There will be an intercultural event. It's not obligatory , but we strongly recommend you to bring some original and traditional things from your countries. such as cloth,flags .....

- We shall have time to visit some place for sign seeing and also a free time for you to take a little break for yourself.

## commitment :

---

- Note that we will need you to participate in all activities of the training during the work days.
- We will be taking some picture to promote the activities and provide some physical evidences of the training. So please we will appreciate your acceptance to be part of the group picture is crucial!!

## Personal care

---

- If you are having any health problem please let us know so as to see how we can help provide some preference to that .
- Kindly do not forget to bring your medication with you if you are on drugs please.
- Remember that Obtaining a health and a full travel insurances is your own responsibility and at your own expense. The information you provided on any special needs does not remove your own personal responsibility for ensuring your own health.

## Further information

---

Please kindly do not hesitate if you have something to know before your arrival to us. You could either call or sent information through any of the social network through the contact information below.

## Expenses

---

Please take note that you shall be reimbursed for all that which the training covers. Transportation such as your flight and local transport. We shall not pay for any taxi only local buses, and trams.

### **Contact persons:**

Victorial Ndu

Email : vickie.nduijaodola@yahoo.com / Tel: +358(0)465464096

